

Daily Nutritional Support

NATURE'S SUNSHINE



ANTIOXIDANT

Excess free radicals are one of the greatest threats to our health, attacking each cell in the body thousands of times a day, weakening our body and making it more susceptible to sickness and disease. Common concerns include Heart Disease, Inflammation, Diabetes, Parkinson's, Alzheimer's, Macular Degeneration, Arthritis, Cataracts and Psoriasis.



- 1. Zambroza(458ml) Stock Code: 4098
- 2. Zambroza(458ml) 4 pack Stock Code: 4099

Zambroza has been independently clinically proven to be more than twice as effective at neutralising free radicals when compared to our closest competitor's product and 300% more effective at boosting the immune system.

SRP	PC PRICE	DIST PRICE	POINTS
1. £21.50	£17.20	£15.09	12.83
2. £82.36	£65.89	£57.80	50.00

FIBRE



Typically, a western diet is low in fibre. A low fibre diet is directly related to obesity, diabetes mellitus, coronary heart disease, colon disease and various other ailments. Fibre plays a key role in controlling cholesterol, blood sugar levels and provides dietary bulk for preventing constipation and relieving diarrhoea. Fibre also absorbs toxins and unabsorbed fats in the bowel and eliminates them.



- 1. TNT Stock Code: 4300
- 2. Loclo Stock Code: 1346

TNT is a high fibre supplement, which contains a balance of 18 different sources of fibre plus an array of vitamins and minerals.

Loclo is an extremely rich source of fibre. Psyllium hulls cleanse the colon and intestines in a thorough, soothing way. They lubricate, heal and strengthen the tissues as well as restoring their tonicity.

SRP	PC PRICE	DIST PRICE	POINTS
1. £20.75	£16.60	£14.56	12.37
2. £18.00	£14.40	£12.63	10.74

PROTEIN

Most of what you can see of your body, and most of what you can't, is made up of protein. Your body's need for protein is constant. Protein cannot be stored in the body so it is crucial to obtain sufficient amounts of good quality protein every day.



- 1. SynerProTein (original) Stock Code: 2914
- 2. SynerProTein (chocolate) Stock Code: 2905

SynerProTein is a unique formulation of non-genetically modified soya protein providing all of the essential amino acids, combined with cruciferous vegetables, vitamins, minerals and herbs. SynerProTein is designed to give you a powerhouse of nutrition and energy providing a high quality protein supplement which is dairy free, wheat free, yeast free, gluten free and virtually fat free.

SRP	PC PRICE	DIST PRICE	POINTS
1. £15.50	£12.40	£10.88	9.20
2. £15.50	£12.40	£10.88	9.20

ESSENTIAL FATTY ACIDS



Having a sufficient amount of omega-3 fatty acids in the diet helps the heart by lowering cholesterol, lowering the triglyceride levels, and keeping the heart muscle flexible. Omega-3 also helps reduce the 'stickiness' of blood cells which can lead to complications such as blood clots and stroke. It is recommended that adults consume about 1,000mg of Omega-3 fatty acids each day.



- 1. Omega 3 EPA Stock Code: 1609
- 2. Flax Seed Oil Stock Code: 1770

High in essential fatty acids and guaranteed to be pure. Both EPA and DHA are included in this formulation with d-alpha tocopherol acetate (natural Vitamin E) to help preserve freshness.

Flax Seed Oil contains Omega-3, Omega-6 and Omega-9 with high levels of lignans - active polysaccharides that have anti-oestrogenic, antioxidative, antiviral and antibacterial properties.

SRP	PC PRICE	DIST PRICE	POINTS
1. £12.95	£10.36	£9.09	7.72
2. £17.75	£14.20	£12.46	10.59

VITAMINS AND MINERALS



- Super Supplemental Stock Code: 1817

Nature's Sunshine's Super Supplemental is the finest multi-vitamin & mineral product, providing a unique and comprehensive array of 35 vitamins and minerals, mixed in a herbal base specifically designed to enhance assimilation. Unlike the typical high street multi-vitamin, Super Supplemental is made with natural ingredients and does not contain any artificial colours, sweeteners or additives.

SRP	PC PRICE	DIST PRICE	POINTS
1. £19.50	£15.60	£13.68	11.64

*Not to be taken alongside Nature's Sunshine's Mega-Chel

Disclaimer: Nothing written or portrayed in this publication should be taken as prescription, diagnosis or a substitute for consultation with your GP or health professional.

For further information please contact your local NSP Distributor



NATURE'S SUNSHINE

Key System Product Guide

DIGESTIVE

The Digestive System breaks down food, extracting nutrients and assimilating them for use throughout the body.

Common concerns include Indigestion, Heartburn, Insufficient Enzymes, Acid Reflux, Stomach Ulcers and Stomach Cramps.



Proactazyme – Key System Product

This effective digestive aid can be taken by most people to enhance the breakdown and assimilation of food. Proactazyme contains plant enzymes which are often missing in a modern day diet of cooked and processed foods. This combination includes six natural enzymes, protease, amylase, glucoamylase, lipase, pectinase and cellulase.

SRP	PC PRICE	DIST PRICE	POINTS
£19.95	£15.96	£14.00	11.90

Stock Code: 1643

INTESTINAL

The Intestinal System eliminates solid waste products from the body and reabsorbs water. It is composed of the colon, also known as the large intestine or lower bowel and the rectum.

Common concerns include, Constipation, Diarrhoea, Haemorrhoids, Diverticulitis, Colitis, Crohn's Disease, Irritable Bowel Syndrome (IBS) and Dehydration.



Bowel Build – Key System Product

This remarkable product encourages proper flow of waste, regular bowel movements and helps detoxify the colon.

SRP	PC PRICE	DIST PRICE	POINTS
£18.25	£14.60	£12.81	10.89

Stock Code: 2857

CIRCULATORY

The Circulatory System provides a continuous supply of nutrients and oxygen into every cell in the body. Simultaneously it picks up carbon dioxide and other waste materials produced by the cells and carries them away for removal from the body.

Common concerns include High Cholesterol, High Blood Pressure, Arterial Plaque, Stress, Poor Circulation, Heart Disease and Stomach Cramps.



Mega-Chel – Key System Product

This key product contains a large array of nutrients to support the entire circulatory system including the arteries, veins, capillaries, tissues and organs. This high potency vitamin and mineral supplement contains herbs, amino acids and other nutrients designed to benefit the circulatory system.

SRP	PC PRICE	DIST PRICE	POINTS
£29.95	£23.96	£21.02	17.88

Stock Code: 1821

NERVOUS

The Nervous System is an internal communication system, relaying signals with short electrical impulses. The central nervous system is composed of the brain and spinal cord. The peripheral nervous system extends to all other parts of the body.

Common concerns include Headaches, Insomnia, Stress, Nervous Disorders, Depression and Memory Problems.



Nutri-Calm – Key System Product

During times of stress, the nervous system uses extra B-complex Vitamins and Vitamin C. Nutri-Calm provides generous amounts of these nutrients along with Chamomile herb and together this combination quickly and effectively helps relieve the body from stress, anxiety and tension.

SRP	PC PRICE	DIST PRICE	POINTS
£19.95	£15.96	£14.00	11.90

Stock Code: 4798

IMMUNE

The Immune System is the body's defence against germs, viruses and other invaders. The thymus gland, spleen, tonsils, adenoids and lymph nodes, along with a variety of white blood cells, all protect the body.

Common concerns include Viruses, Bacteria, Fungus, Influenza, Fatigue, Stress and Auto-immune Disorders.



Defence Maintenance – Key System Product

This key system product provides a large array of valuable vitamins, antioxidants and cruciferous vegetables, which synergistically boost the Immune system.

SRP	PC PRICE	DIST PRICE	POINTS
£21.25	£17.00	£14.91	12.68

Stock Code: 1654

RESPIRATORY

Respiration provides oxygen to the blood stream. All body cells need oxygen to live and function properly. Without oxygen body cells start dying within minutes.

Common concerns include Asthma, Hay Fever, Runny Nose, Sneezing, Allergies, Post-Nasal Drip, Coughs, Colds, Bronchitis, Sinusitis and Pneumonia.



Fenugreek & Fennel Combination – Key System Product

This key system product supports healthy lung function and encourages the entire respiratory tract to gently cleanse and helps soothe irritated tissues. This formula is available in capsules or a convenient pocket-sized liquid version.

SRP	PC PRICE	DIST PRICE	POINTS
£11.30	£9.04	£7.93	6.74

Stock Code: 775

URINARY

The Urinary System filters the blood and removes waste chemicals from the body. The kidneys, ureters, bladder and urethra make up the urinary system.

Common concerns include Bladder/Kidney Infection, Kidney Stones, Incontinence, Cystitis, Pain & Irritation, Diabetes, Hypertension, Kidney Cysts, Infections, Water Retention and Back pain.



Juniper & Parsley Combination - Key System Product

Juniper & Parsley Combination is a powerful herbal formula which helps to maintain a healthy urinary system. It stimulates urine flow to reduce lactic and uric acid buildup, and increases circulation to promote healing of tissues damaged by infection or inflammation.

SRP	PC PRICE	DIST PRICE	POINTS
£10.50	£8.40	£7.37	6.26

Stock Code: 970

GLANDULAR

The Glandular and Nervous Systems work intimately together to maintain balance among all of the body systems. Together, they regulate voluntary and involuntary actions within the body such as growth, metabolism, digestion, elimination, menstruation and sleep.

Common concerns include Hormone Imbalances, Weak Adrenal Glands, Thyroid Imbalance, Diabetes, Hyperglycaemia, Hypoglycaemia and Emotional Stress.



Master Gland Formula - Key System Product

Provides nutritional supplementation for all the glands in the body. Hormones produced by these glands influence our state of health. Master Gland contains a unique and comprehensive combination of vitamins, minerals and phytonutrients to support this system.

SRP	PC PRICE	DIST PRICE	POINTS
£15.50	£12.40	£10.88	9.25

Stock Code: 2870

STRUCTURAL & SKIN

The Structural System provides a framework for the body consisting of bones, muscles, skin, membranes and connective tissues, collectively giving the body form, mobility and protection.

Common concerns include Arthritis, Dermatitis, Warts, Cold Sores, Psoriasis, Acne, Ulcers, Fibroids, Osteoporosis, Muscle Cramps and Poor Posture.



Skeletal Strength - Key System Product

This key system product provides nutrients needed by the body to manufacture bones, muscles, ligaments, tendons and skin. These nutrients counteract many of the forces that deplete the structural system of strength.

SRP	PC PRICE	DIST PRICE	POINTS
£8.45	£6.76	£5.93	5.04

Stock Code: 1356